

# Carers Services

Registered Carer's are entitled to a free Health Check and an NHS winter flu jab once they have registered.

## Organisations that can help...

**Hampshire County Council Adult Services**

The Castle, Winchester, SO23 8UJ  
e: [info@hants.gov.uk](mailto:info@hants.gov.uk)  
t: 03005 551375

**NHS Carer Direct Helpline**

t: 0300 1231053

**Carers Together**

t: 01794 519495

**Carers Active Listening Line**

t: 0800 323456

**Princess Royal Trust for Carers in Hampshire**

t: 01264 835246  
w: [www.carercentre.com](http://www.carercentre.com)

**Good Neighbours Support Service**

w: [www.goodneighbours.org.uk](http://www.goodneighbours.org.uk)

**Carers Centres**

t: 02392 501592 Fareham & Gosport  
t: 02392 851864 Portsmouth

# Is there someone **YOU** couldn't get by without?

At **Westlands**, we think **Carers** are marvellous.

There are lots of people looking after friends or relations who need help due to frailty, disability or a serious health condition, mental ill-health or substance misuse.

If you are one of them, you could get help and support, but we need to know about you and your caring role first. Please take a moment to fill out this form and give it to the receptionist.

## Tell us about you...

YOUR first names...

YOUR last name...

YOUR home address...

Postcode...

YOUR Date of Birth...

YOUR telephone number.....

## ...we need to confirm your ID

Document and date of issue...

Westlands staff initials and date...

## ...now about the person that cares for you

THEIR first names...

THEIR last name...

THEIR home address...

Postcode...

THEIR Date of Birth...

THEIR telephone number.....

## ...what's their relationship to you?

# Why is it that you need a carer?

## Next Steps...

If you or your carer feel that their health is suffering due to looking after you, please ask them to make an appointment to see their doctor.

## Giving your consent for your carer to share information with us...

**This bit is really important!**

You need to give your consent for us to share important information about your care with the person who cares for you.

Signed...	Date...
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**Validation by Westlands...** we need to confirm that the cared for person for is happy to share their information with the person caring for them.

This can be either by the person being cared for coming in to the practice with photo ID or in a phone call from the practice ...

Verification Method

Signed (Westlands staff)...	Date...
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Where the person being cared for does not have the capacity to give their consent a GP will make an assessment of their needs

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**On Completion – Read Code with 918F**